

Appendix B
Descriptions of sites and participants for proposed RUA

ADCU	Number of staff who will attend training	Number of residents with AD	Number of residents in assistive living setting (Intermediate Care Facilities)*	Number of residents in Residential Care Facility*
Harvest Homes	15	20	42	26
St. Andrew's	40	85	0	0
Robison Jewish Health Center	75	15	73	33
Monterey Court	30	48	0	0
St. Jude's	75	82	0	0
McLaughlin	25	73	0	0
Flagstone	25	54	0	0
Maryville	75	20	75	40
Rest Harbor	30	20	40	0

Total staff anticipated at the in-services can range up to 350 participants. Additionally, family members of the residents of all the care homes are invited to attend all in-services presented by Ms. Beedle.

The staff attending will be multidisciplinary, mostly being certified nursing assistants and also including, registered nurses, licensed practical nurses, certified medication aides, and staff from the activities, dietary, building maintenance, housekeeping and administrative departments. This will allow any employee in the building to use the communication board to enhance the quality of life of any individual resident by improving communication satisfaction.

* The ADCUs are within larger residential centers that provide additional alternative care options for elders. The long-term staff generally works in multiple care levels within these settings.

**Training Requirements for the certification of Alzheimer's Disease Care Units
(as per Oregon Administrative Rules for endorsement of Alzheimer's Care Units
411-57-000 (2)(c)page 6.)**

(c) In-Service Training. Ongoing in-service training shall be provided to all medical and non-medical staff who may be in direct contact with residents of the unit. Staff training shall be provided at least quarterly. The facility will keep records of all staff training provided and the qualifications of the trainer(s). At least four of the following topics shall be trained each quarter, so after six months, staff will have been trained on all the topics listed:

(A) The nature of Alzheimer's Disease and other dementias, including the definition of dementia, the need for careful diagnosis and knowledge of the stages of Alzheimer's Disease;

(B) Common behavioral problems and recommended behavior management techniques;

(C)* Communication skills that facilitate better resident-staff relations;

(D) Positive therapeutic interventions and activities, such as exercise, sensory stimulation, activities of daily living skills, etc.;

(E) The role of the family in caring for residents with Alzheimer's Disease, as well as the support needed by the family of these residents;

(F) Environmental modifications -- Avoiding problems and creating a therapeutic environment;

(G) Development of comprehensive and individual care plans and how to update and implement them consistently across shifts. Establishing a baseline and concrete treatment goals and outcomes; and

(H)* New developments in diagnosis and therapy.

* The proposed RUA training will address these in-service training requirements.